

Job Advertisement

Springbok Women's Team Doctor

SportsMed Alliance (SMA) has been contracted by SA Rugby (SARU) to provide high-performance medical support across national teams. We are seeking an experienced Team Doctor for the Springbok Women's programme, working as an independent contractor based in South Africa with domestic and international travel.

The successful applicant will deliver evidence-based medical care, injury management, emergency field-side support, and player-welfare oversight within a multidisciplinary high-performance environment.

Closing date:

09 January 2026

Start date:

1 March 2026

Applications:

Submit the following to admin@sportsmedalliance.co.za addressed to Dr Janesh Ganda:

- CV
- Cover letter (maximum 2 pages)

Role Overview – Team Doctor

Springbok Women's Team

Location: Flexible, based in South Africa

Travel: Required (local and international)

Contract type: Independent contractor

As the Team Doctor, you will oversee all medical operations for the Springbok Women's team, ensuring the delivery of world-class clinical care in training and competition environments. You will collaborate closely with physiotherapists, S&C coaches, team management and the broader SARU medical ecosystem to maintain best-practice standards in player health, welfare, and performance readiness.

Key Responsibilities

Clinical Care & Injury Management

- Provide comprehensive medical assessment, diagnosis, and management of acute and chronic injuries.
- Lead medical decision-making for return-to-train (RTT) and return-to-play (RTP) processes.
- Deliver emergency and sideline care in accordance with World Rugby standards.
- Coordinate specialist referrals and liaise with SARU's network of medical providers.

Player Welfare & Health Oversight

- Monitor player health throughout training blocks, tours, and competitions.
- Manage illness prevention, menstrual-cycle considerations, travel medicine, and vaccination protocols.
- Maintain accurate electronic medical records on SARU's approved platforms.

High-Performance Integration

- Work closely with the multidisciplinary team to align medical decision-making with performance goals.
- Provide medical input into load-management and recovery planning.
- Participate in case reviews, interdisciplinary meetings, and season-end reporting.

Governance, Compliance & Ethics

- Ensure adherence to SARU medical policies and World Rugby regulations (including HIA protocols).
- Support anti-doping compliance under WADA and SAIDS frameworks.
- Uphold high professional and ethical standards in all player interactions.

Research and Data Contribution

- Assist in injury surveillance and contribute to ongoing quality-improvement and performance-research initiatives.
- Support accurate and timely data entry for injury-tracking and reporting processes.

Minimum Qualifications & Experience

Required

- MBChB (or equivalent medical degree).
- Postgraduate qualification in Sports & Exercise Medicine (e.g., MPhil SEM, MSc SEM, MMED).
- Registered with the HPCSA as an independent practitioner.
- Minimum 5 years' experience in high-performance sport, preferably contact or collision sports.
- Completion of World Rugby Immediate Care in Rugby (ICIR) Level 2 or eligibility to complete prior to appointment.
- Experience with emergency on-field management and high-performance travel demands.

Desirable

- Experience working at provincial, national, or international level.
- Familiarity with athlete-management systems and injury-surveillance platforms.
- Strong understanding of multidisciplinary team dynamics in elite sport.

About SportsMed Alliance (SMA)

SMA provides integrated, high-performance medical and rehabilitation support across South African sport. Our aim is to deliver world-class athlete care through collaboration, innovation, and evidence-based practice.